



All the Things We Never Knew: Chasing the Chaos of Mental Illness

Sheila Hamilton

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"A boldly beautiful page-turner about loving and losing someone with mental illness. I'll be recommending this absorbing memoir for years to come." —Cheryl Strayed, best-selling author of *Wild*

Even as a reporter, Sheila Hamilton missed the signs as her husband David's mental illness unfolded before her. By the time she had pieced together the puzzle, it was too late. Her once brilliant and passionate partner was dead within six weeks of a diagnosis of bipolar disorder, leaving his young daughter and wife without so much as a note to explain his actions, a plan to help them recover from their profound grief, or a solution for the hundreds of thousands of dollars in debt that they would inherit from him.

All the Things We Never Knew takes readers on a breathtaking journey from David and Sheila's romance through the last three months of their life together and into the year after his death. It details their unsettling spiral from ordinary life into the world of mental illness, examines the fragile line between reality and madness, and reveals the true power of love and forgiveness.

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People live in this new day time of lifestyle always make an effort to and must have the spare time or they will get lot of stress from both daily life and work. So , whenever we ask do people have spare time, we will say absolutely indeed. People is human not just a robot. Then we request again, what kind of activity are there when the spare time coming to you actually of course your answer will unlimited right. Then ever try this one, reading guides. It can be your alternative with spending your spare time, often the book you have read is definitely All the Things We Never Knew: Chasing the Chaos of Mental Illness.

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