



# Coaching Emotional Intelligence in the Classroom: A Practical Guide for 7-14

*Steve Bowkett, Simon Percival*

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*Coaching Emotional Intelligence in the Classroom* is a practical resource to help Key Stage 2 and Key Stage 3 teachers explore and understand a range of concepts, principles and techniques gathered under the term 'emotional intelligence', and the way that this powerfully influences pupils' behaviour and learning in the classroom. Creative activities are suggested throughout, leading towards a more explicit focus on coaching methods to help pupils become independent, creative and effective learners able to set goals, generate ideas, solve problems and arrive at reasoned decisions.

This book focuses on five key areas:

- self-awareness
- innovative and inventive thinking
- independent enquiry
- collaborative learning
- communication skills.

Dealing in an engaging way with social and emotional aspects of learning, personalised learning, thinking skills and social inclusion, the authors offer teachers all of the necessary tools to help pupils build life- and people-skills which will extend beyond school. It will be of interest to all practising teachers, teaching assistants and school counsellors working with young people.

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