



# The Sacred Plant Medicine of Aotearoa: Volume 1

*Franchelle Ofsoské-Wyber*

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## **The Sacred Plant Medicine of Aotearoa: Volume 1** Franchelle Ofsoské-Wyber

A groundbreaking flower essence therapy reference book by an award-winning researcher Franchelle Ofsoské-Wyber introducing the extraordinary and unique healing powers of New Zealand native plants. Franchelle is of the ancient lineage of Native American medicine men and women and Russian healers and shamans, she is the founder of the Medicine Woman Centre for Shamanic Studies©. Working in the field of plant medicine and holistic healing for over 40 years, Franchelle pioneered the revolutionary range of New Zealand native flower essences to provide humanity with a complete holistic system for natural healing. The Sacred Plant Medicine of Aotearoa is a comprehensive reference book giving a full description of the unique healing properties of the 84 New Zealand native plants and how they can be used to restore peace, balance and harmony. The book includes ancient species of native flowers, ferns, trees, seeds and plants from deep within the magical forests of Aotearoa, New Zealand.

The Sacred Plant Medicine of Aotearoa restores the ancient teachings of the indigenous healers and shamans. Fully contextualized for the healing requirements of the 21st century, it introduces the five-fold Nature's Healing Matrix© to help bring the five aspects of human being into a perfected state of holistic wellbeing. Flower essence therapy is an ancient form of spiritual healing that has been used by indigenous people for thousands of years and recognizes the powerful spiritual link between plants, humankind and wellbeing.

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