



# Transform Your Life: A Blissful Journey

*Geshe Kelsang Gyatso*

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## **Transform Your Life: A Blissful Journey** Geshe Kelsang Gyatso

By following the practical advice given in this resource, readers can transform their minds and lives, fulfill their human potential, and find everlasting peace and happiness.

- What is the real meaning of human life?
- How to find the source of happiness
- The actual methods to solve our daily problems
- How to accomplish our ultimate goal

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