

Shambhala: The Sacred Path of the Warrior: Book and Card Set

Chogyam Trungpa, Carolyn Gimian



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Shambhala: The Sacred Path of the Warrior: Book and Card Set Chogyam Trungpa, Carolyn Gimian Since ancient times, the path of the enlightened warrior has been a powerful and inspiring ideal, showing us how we can master the challenges of life and draw power not from violence or aggression but through the cultivation of gentleness, courage, and self-knowledge. The *Shambhala Book and Card Set* offers a unique way to work with the teachings of warriorship to gain personal freedom and power, overcome negative habitual patterns, and find the sacred dimension of everyday life.

This box includes:

• 53 cards each containing a Shambhala Warrior Slogan with commentary on the reverse side (packaged with a fold-out card stand)

• an instruction booklet with guidance for applying the slogans to life throughout the day

• and a paperback edition of *Shambhala: The Sacred Path of the Warrior*, Chögyam Trungpa's classic work exploring the principles of warriorship.

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