



FEED the BODY - NOURISH the SOUL

Beth Lyle

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Did you ever expect to have so little time with your family? Do you feel like you meet your family coming and going, as everybody races off to jobs, schools, sports, dance classes, music lessons and church activities; catching only glimpses of each other's day? Are you there? If so, this devotional book is for you...to bring your family together at the dinner table. In these pages, you will find meal plans, recipes and devotionals presented in a unique way that will allow you to use the meal itself as a visual illustration of eternal truths from God's Word - relating the food at the table to food for one's soul. Start feeding souls as well as bodies at your dinner table, as your evening meal becomes a cherished time for reconnecting with each other...and with the Lord. Beth Lyle is a wife, mother, and grandmother who loves God. She is a former student of Trinity Seminary and a passionate believer in the power of God's Word. She is a Teaching Director for Community Bible Study, a featured retreat speaker and sings in a ladies' trio, One Heart. As a home-school mom, she realized the importance of teaching children at a young age to love God, and to make Him the most important part of life. "Children must know that to miss God is to miss everything." Her desire is to see families talk about God in a relaxed setting, making Him as real as the air they breathe - "just as we do not see air, but it is there...so is God." Beth resides in Greenwood, S.C. with her husband, Andy, and their daughter, Anna.

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