



The Rough Guide to First-Time Asia, Edition 4 (Rough Guide Travel Guides)

Lesley Reader, Lucy Ridout

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The Rough Guide First-Time Asia is the perfect comprehensive planning guide for anyone thinking about heading to Asia for the first time. It includes general information on what tickets to buy, where to stay, what to eat and how to stay healthy. There are 21 individual country profiles highlighting the best places to visit with country specific websites and necessary budget information. It is designed to answer the "soft" issues not addressed by country-specific guides, for example, how to lessen the culture shock of your very first night in Asia; what to think about if you're considering travelling on your own; how to be a responsible traveller and what to do when you return home. This guide is designed for the weeks/months before you get on the plane.

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