



# Teach your Child to Swim: The Easy Way (Swimming Book 2)

*Michele McGrath*

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## **A must for parents who want to teach their children to swim!**

*Simple, uncomplicated exercises, games and activities for parents and children to enjoy.*

This book includes exercises in water safety and a complete swimming course. Aimed at parents with children from as young as three months to ten years.

Graduated exercises for Babies and Toddlers (3-18 months), Pre-school (18 months to 5) and Schoolchildren (5 to 10 years). Please note that the book does not contain illustrations.

The author is a qualified Life Coach and Swimming Teacher who specialises in teaching beginners, both adults and children. She currently teaches three classes of children aged 5-10. She has observed how powerful empowering the learner actually is. She has been humbled by suddenly seeing students overcome their fears and taking off.

Parents need to be water confident to use this book but not necessarily swimmers in the early stages. To improve your own swimming, read Learn to Swim: Even if You are Terrified. It is important not to communicate your own fears to a child. Later exercises require you to swim alongside your child.

Fear has no place here, neither does blame or criticism.

### **This book includes:**

- Water confidence
- Floating with and without swimming aids
- Swimming on your back
- Swimming on your front
- Exercises, games and fun!

### **??? Sequel to the best-selling Learn to Swim: Even if You are Terrified.**

Michele says, "seeing the joy on a non-swimmer's face, when they complete their first width, is like drinking the finest champagne."

## **Parents Should Not Pass Up This Book!**

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#### **Morgan Lytle:**

The book Teach your Child to Swim: The Easy Way (Swimming Book 2) will bring that you the new experience of reading a book. The author style to clarify the idea is very unique. In the event you try to find new book to study, this book very ideal to you. The book Teach your Child to Swim: The Easy Way (Swimming Book 2) is much recommended to you to study. You can also get the e-book from your official web site, so you can quicker to read the book.

#### **Sallie Farris:**

Playing with family inside a park, coming to see the marine world or hanging out with good friends is thing that usually you have done when you have spare time, in that case why you don't try point that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Teach your Child to Swim: The Easy Way (Swimming Book 2), you could enjoy both. It is very good combination right, you still wish to miss it? What kind of hangout type is it? Oh occur its mind hangout people. What? Still don't get it, oh come on its named reading friends.

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