



## Dr. Bird's Advice for Sad Poets

*Evan Roskos*

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\* “Self-deprecating humor abounds in this debut novel that pulls no punches about the experience of depression and anxiety for its teen protagonist. . . . Captivating introspection from a winning character.”—*Kirkus Reviews*, starred review

Sixteen-year-old James Whitman has been yawping (à la Whitman) at his abusive father ever since he kicked his older sister out of the house. James’s painful struggle with anxiety and depression—along with his ongoing quest to understand what led to his sister’s exile—make for a heart-rending read, but his wild, exuberant Whitmanization of the world and keen sense of humor keep this emotionally charged novel buoyant. A Morris Award Honor Book.

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