



Key Concepts in Sport Psychology (SAGE Key Concepts series)

John M D Kremer, Aidan Moran, Graham Walker, Cathy Craig

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The concise and authoritative entries have been selected by experienced teachers and researchers; each one defines, explains and develops a key topic in sport psychology acting as a springboard for further reading and debate. This is a stimulating and practical resource for students defined by the clarity of writing and relevant examples.

Each concept gives the student clear definitions, up-to-date suggestions for further reading, and careful cross-referencing. Easy to use and intelligently judged this book offers the modern student the basic materials, tools and guidance for planning essays and passing exams.

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