

Your Beautiful Heart: 31 Reflections on Love, Faith, Friendship, and Becoming a Girl Who Shines

Lauren Scruggs



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"Beauty is on the inside." We know it's true . . . yet sometimes it seems tough to fully believe it. What would your world be like if you truly felt beautiful and lived every day full of that confidence and joy?

Fashion journalist Lauren Scruggs knows how it feels to search for beauty. She grew up knowing of God's love, but never fully understood what that love meant, or how it extended to the deepest parts of her soul?until a horrible accident that resulted in the loss of both her left eye and hand. In her darkest hours, everything Lauren believed was tested. Yet it was there that God showed her where real beauty comes from: the unfailing love of the Creator. God's love is what truly makes us lovely.

Using stories from Lauren's accident, recovery, and experiences in the fashion world, *Your Beautiful Heart* explores issues that teen girls face every day: body image, self-worth, peer pressure, and much more. Whether you read the book on your own or with a group of friends, Lauren's personal message of love, faith, and value will show you what it means to be a girl who radiates with true beauty.

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Viola Coghlan:

Your Beautiful Heart: 31 Reflections on Love, Faith, Friendship, and Becoming a Girl Who Shines can be one of your basic books that are good idea. All of us recommend that straight away because this book has good vocabulary which could increase your knowledge in vocab, easy to understand, bit entertaining however delivering the information. The author giving his/her effort that will put every word into joy arrangement in writing Your Beautiful Heart: 31 Reflections on Love, Faith, Friendship, and Becoming a Girl Who Shines but doesn't forget the main stage, giving the reader the hottest and also based confirm resource info that maybe you can be considered one of it. This great information can easily drawn you into completely new stage of crucial pondering.

Mark Sawyers:

Your reading sixth sense will not betray an individual, why because this Your Beautiful Heart: 31 Reflections on Love, Faith, Friendship, and Becoming a Girl Who Shines guide written by well-known writer who knows well how to make book that may be understand by anyone who all read the book. Written throughout good manner for you, dripping every ideas and producing skill only for eliminate your own personal hunger then you still skepticism Your Beautiful Heart: 31 Reflections on Love, Faith, Friendship, and Becoming a Girl Who Shines as good book but not only by the cover but also by the content. This is one book that can break don't ascertain book by its cover, so do you still needing yet another sixth sense to pick this particular!? Oh come on your looking at sixth sense already told you so why you have to listening to another sixth sense.

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Francis Gibbs:

With this era which is the greater person or who has ability in doing something more are more treasured than other. Do you want to become certainly one of it? It is just simple solution to have that. What you should do

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