



Give Yourself Permission to Live a BIG Life (Joan Burge, Founder of Office Dynamics, Speaks to Women)

Joan Burge

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"It is not what happens to you in life that will shape you
.. but rather your thinking about the situations in your life."

"You were designed for greatness."

"You have the potential to change your thinking at any moment."

You may know Joan Burge as the red-lipstick-wearing "Rock Star" of administrative and executive assistant training, a successful entrepreneur and business owner. But who is the woman behind the scenes? How have the fiery trials of the past few years, and a lifetime of hard knocks, tragedy and disappointment, shaped her? In this memoir, Joan speaks with wisdom and clarity to every woman in every walk of life, tackling the multi-faceted ever-changing roles of today's woman with candor, wit and straight talk. Her stories will inspire you to "hang on" no matter what, to see the light in the darkest night and to know you are stronger than you imagine so you can remove whatever holds you back from becoming all you were created to be: fully invigorated in every aspect of life.

Wherever you are in life, whatever your age or marital status, Joan's story will lift your spirit and motivate you to reach for your dreams despite any obstacle or barrier.

In Live a BIG Life, Joan Burge speaks to women on courage, faith , and of course, red lipstick!

Do you take care of others and have nothing left for yourself? Has life kicked you with a wallop or two and you wonder if you're woman enough to get up and get going again? Did you know you were intended for greatness?

Women today juggle so much. We keep a mile-long list of must-dos; we want to be there for everybody even when we can't! Many women care for young children and aging parents at the same time. Women juggle pregnancy with paying the mortgage and job deadlines with soccer schedules. Mature women handle adult children who boomerang home following messy divorces, layoffs or post-bubble economic meltdowns. So what's a woman to do? "Live a BIG Life!" says author Joan Burge. It can start as simply as focusing on a small accomplishment or something we are grateful for. Each woman is destined for greatness and for the grand adventure to live a fearless, fully functional life! "Envision a large and magnificent building supported by five pillars. Remove or weaken one of the pillars and the building is less sturdy, or tumbles to the ground. I have come to realize that A BIG Life is supported by Wellness, Financial, Spiritual, Family and Career pillars. When I tend to each pillar, my BIG Life is intact."

The "Live a BIG Life! " story is for all women . Whether she is a doctor, stay-at-home mom, teacher, pilot, retiree, writer, architect, public servant, entertainer, waitress, caretaker or judge, every woman is a work in progress. Joan Burge has "been there and done that." Her life experiences and intense trials the past few years have given her wisdom, stories and grace to share with women in every walk of life: "I believe in

women. I want to empower women!" Journey with Joan Burge as she shares intimate details about her life and see what happens. You've got everything to gain and absolutely nothing to lose! Joan Burge is an accomplished writer, speaker, consultant and the founder and CEO of Office Dynamics International. She has dedicated herself to inspiring excellence in administrative professionals worldwide through her training programs, workshops, books and conferences . Her experiences as a mother, grandmother, wife, sister and business owner give her a wealth of wisdom and stories that have helped women find success and thrive. She happily lives in Las Vegas, Nevada, with her beloved golden retrievers, children and grandchildren.

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