



# Multicultural Counseling and Psychotherapy: A Lifespan Approach

*Leroy G. Baruth, M. Lee Manning*

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Multicultural Counseling and Psychotherapy, 6<sup>th</sup> ed, offers counseling students and professionals a distinctive lifespan approach that emphasizes the importance of social justice and diversity in mental health practice. Chapters include case studies, reflection questions, and examinations of current issues in the field. Each chapter also discusses the ways in which a broad range of factors—including sexuality, race, gender identity, and socioeconomic conditions—affect clients' mental health, and gives students the information they need to best serve clients from diverse backgrounds.

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