

Delectable Diabetic Dairy: Fun and Easy Recipes for Diabetics That Love Sweets and Treats

Mayra Temple



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Are you a Mom that wants to keep your kids healthy while they Crave Sweets? You can do both using one of the 25 fun recipes in this book. Are you looking for creative ways to add fruits and vegetables to your family meals? As a Mom, you want to fix and serve healthy meals and snacks that your kids will want to eat. This book is full of ideas on how to make food fun for your kids to eat. You will enjoy watching them eat their fruits and vegetables and asking for a second helping.

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